



# MOMS Club of Sacramento

Land Park and surrounding areas

The MOMS Club® of Sacramento - Land Park, CA is a registered chapter of the International MOMS Club® a network of local, nonprofit support groups for mothers of children of all ages. MOMS Club® is where moms come together to share support, resources, and friendship.

**For more information  
please visit**

[www.momsclubsacramento.com](http://www.momsclubsacramento.com)

**Join us for...**

**Weekly Playgroups**

**Coffee Moms**

**Book Club**

**Crafty Moms Group**

**Mom's Night Out**

**Music & Movement Class**

**Discussion Boards**

**Guest Speakers**

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